Small Business Stories





Small business wakes up early.

EARLY BIRD, West Des Moines

Trisha Goode and Kendall Owens had a vision to bring an extraordinary brunch concept with breakfast nachos and tot poutine to Iowa. They came to The Iowa Center for a small business Ioan with business coaching to launch their first restaurant in West Des Moines. Early Bird has been recognized as the Best Breakfast and Lunch in the Greater Des Moines area, and Best New Restaurant by Cityview Magazine. Trisha and Kendall have now expanded a second Iowa location in Ankeny, Iowa!